

Sample Menu

M/Y Just Marie II





Breakfast

Tea, infusions, all types of coffee

fresh juices, smoothies

Milk (different types)

Bread and toasts

Greek yogurt, cereals, fresh fruits, honey,

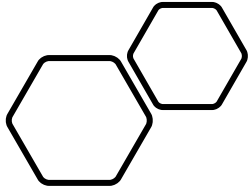
local jams, tahini and other spread

Cheese and cold cuts

Eggs all types

Pancakes, crepes, croissant, porridge,

cakes.



Day 1

Lunch

Rukola salad with parmesan flakes and honey vinaigrette

Touna tartar with avocado in sesame lime and ginger sauce

Linguine alle vongole

Dinner

Tempura prawns with sweet chili sauce

Mozzarella with tomato and basil

Beef fillet Wellington





Day 2

Lunch

Ntakos salad from Crete

Sea bass ceviche with spice flavor

Cotolette of lamp with cous cous and vegetables

Dinner

Quinoa salad with grilled vegetables and feta

*Shrimp and mussels sauté with fresh cream and
mustard*

*Chicken filet with bacon muse of cheese, pepper
and sauce Dijon*

Day 3

Lunch

Salmon gravlax and scallop salad

Squid ink Risoto

Hache parmentier with potato cream

Dinner

Prawns saganaki with pieces feta cheese

Cous cous salad chicken and fresh herbs

Monkfish grilled with koriander sauce and polenta





Day 4

Lunch

Italian pasta salad with pesto Genovese

Grilled vegetables and goat cheese

Panko crusted salmon

Dinner

Polenta with bell pepper and tomato salad

Grilled octopus with hummus

Chicken carry garam masala



Day 5

Lunch

Chickpea salad with fresh herbs

Steam mussel with aromatic herbs

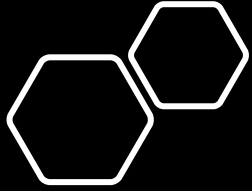
Osso buco beef with risotto saffron

Dinner

Greek salad with feta cheese

Orzotto with shrimps

Fillet of sole with shrimp stuffing



Day 6

Lunch

*Carpaccio beef salad with tomato cherry
and parmesan*

Gazpacho soup

Paella alla Valenciana

Dinner

Chimichurri potato salad with fresh herbs

Grilled calamari with pesto sauce

Spaghetti with lobster





Day 7

Lunch

Strawberry caprese salad

Salmon mousse with cucumber rolls

Traditional Greek moussaka

Dinner

Watermelon salad with feta and mint

Fried sea scallop with potato cream and balsamic sauce

Fried fish fillet with potato mash and spinach



Desserts

Lemon pie

Panacotta

Tiramisu

Cheesecake with strawberry

Mille-feuille

Chocolate tart

Crème Brulee

Brownies

Souffle chocolate