



Sol Madinina  
Sample Menu

## **Breakfast**

Greek yogurt  
Honey  
Granola  
Seasonal fruits  
Croissants & pastries  
Cereals & nuts  
Fresh juices  
Coffee selection  
Spinach & Feta Pie, "Spanakopita"  
Kagiana, Greek Tomato & Feta Scrambled Eggs  
Scrambled Eggs with Smoked Salmon  
Eggs Benedict  
Brioche French Toast with Berries  
Shakshuka Eggs  
À La Carte Breakfast





## **Day 1**

### **Lunch**

#### **Starter**

Meze platter, tzatziki, hummus, beetroot dip, bean purée, eggplant purée, with pitas

#### **Salad**

Greek salad

#### **Main Course**

Twisted moussaka, with Japanese eggplant

### **Dinner**

#### **Starter**

White fish ceviche with fruits

#### **Salad**

Green salad with balsamic

#### **Main Course**

White fish, pea purée, beurre blanc, pickled vegetables

#### **Dessert**

“Galaktoboureko”

**Day 2**

**Lunch**

**Starter**

White fish tiradito

**Salad**

Cherry tomatoes, burrata & fruits

**Main Course**

Shrimp pasta with shrimp bisque

**Dinner**

**Starter**

Beef tartare

**Salad**

Beetroot salad with walnuts

**Main Course**

Chicken with okra

**Dessert**

Fresh Strawberries with Vanilla Cream





**Day 3**

**Lunch**

**Starter**

Shrimp saganaki

**Salad**

Dakos salad

**Main Course**

Gemista

**Dinner**

**Starter**

Shrimps cured in strawberry juice, avocado & Pico de Gallo

**Salad**

Spinach salad, goat cheese & strawberries

**Main Course**

Cod with lobster-corn velouté

**Dessert**

Orange Pie

**Day 4**

**Lunch**

**Starter**

Tuna tartare with pomelo

**Salad**

Watermelon feta lime salad

**Main Course**

Red mullet savoro

**Dinner**

**Starter**

Stracciatella with mushrooms & mushroom sauce

**Salad**

Fennel orange salad

**Main Course**

Beef tagliata with parmesan sauce & king oyster mushrooms

**Dessert**

Yogurt Semifreddo with Honey





## **Day 5**

### **Lunch**

#### **Starter**

Fried zucchini, eggplant & saganaki

#### **Salad**

Herb salad with bulgur & Greek yogurt

#### **Main Course**

Lemon-roasted lamb or chicken

### **Dinner**

#### **Starter**

Steamed mussels

#### **Salad**

Spinach, apple & almond salad

#### **Main Course**

Fish fricassee

#### **Dessert**

Baklava

**Day 6**

**Lunch**

**Starter**

Beetroot with kariki sauce

**Salad**

Batala, tomatoes, capers, feta mousse

**Main Course**

Octopus with fregola & pecorino

**Dinner**

**Starter**

White fish with cherry sauce & basil

**Salad**

Green salad with fruits

**Main Course**

Lobster risotto

**Dessert**

Lemon Curd served in a Lemon Cup





**Day 7**

**Lunch**

**Starter**

Mussels saganaki

**Salad**

Quinoa salad

**Main Course**

Squid with gremolata, pistachio & Mani pita

**Dinner**

**Starter**

Raw langoustine, bone marrow & milk bread

**Salad**

Green salad with grapes & goat cheese

**Main Course**

Octopus orz

**Dessert**

Dark Chocolate Mousse with Olive Oil & Sea Salt